



Mount  
Sinai  
St. Luke's

Mount Sinai St. Luke's Breast Center

# GET BREAST HEALTHY!

## 3rd Annual Breast Health Awareness Day

Saturday, September 20, 2014  
8:30am – 1:00pm

Mount Sinai St. Luke's  
Muhlenberg Conference Center, 4th Floor  
(Enter through Chapel Entrance on 113th St., between Amsterdam Ave and Morningside Drive)

### Activities

- FREE Clinical Breast Exams
- FREE Mammograms for uninsured
- Nutrition and Fitness
- Beauty and Skin care
- Mammograms on site
- Gift bags with information on healthy living and the Breast Program
- Raffles

### Speakers

- Aye Moe Thu Ma, MD
- Beth Freedman, MD
- Alexandra Lucy, Genetic Counselor
- Breast Cancer Survivor

### Workshops

- Yoga, Group Exercises, Zumba, Cooking & Beauty

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**Conference is FREE, but REGISTRATION IS REQUIRED**

To register or for additional information  
**Call: 212 523-5222 - Website: [www.slbreastsurgery.org](http://www.slbreastsurgery.org)**

Seating is limited

Continental Breakfast and Lunch will be provided.